Technical Advisory Group

2006 PEBB & Basic Health Procurement October 11, 2005

2006 Purchasing Environment Budget Assumption

General Fund State Growth

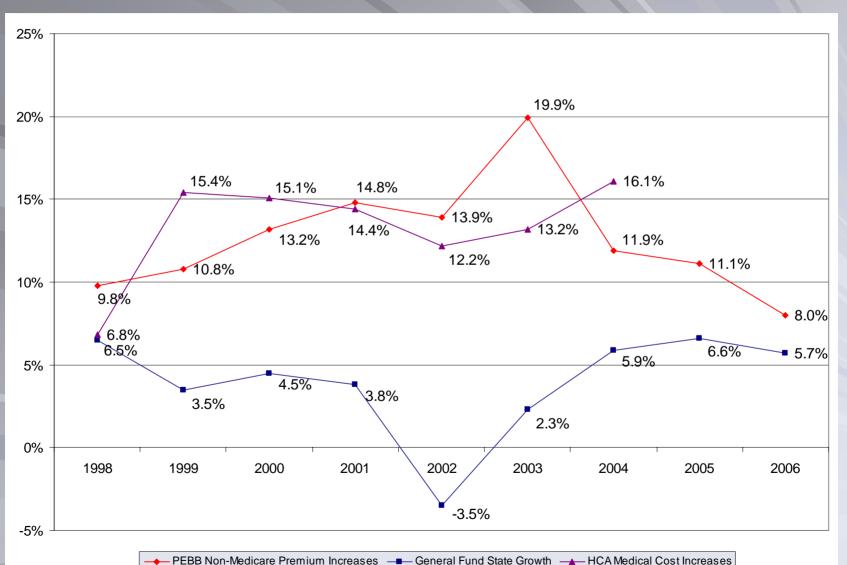
2005: 6.6%

2006 Projection: 5.7%

2007 Projection: 4.0%

- Budgeted Health Care Bid Rate Trend
 - 8.5%
- Employee Contributions
 - ■12% Weighted Average

2006 Purchasing Environment



2006 Purchasing Environment

CalPERS 2006 Non-MedicarePremium Increase: 8.9% OverallAverage

Hewitt Association 2006 prediction: Nationally, 12.4% MCO rate increase

2006 Non-Medicare Bid Rate Overview

- Budget Assumption 8.5%
- Initial Procurement Results: 11.8%
- Final Procurement Results: 8.0%
 - UMP PPO with Alternatives = .8%
 - UMP NBR with Alternatives = 2.6%
 - ■MCOs= 14.2%

Change in Non-Medicare Bid Rate Subscriber Only (First Tier)

Plan Name	05 First Tier alized Bid Rate	006 First Tier nalized Bid Rate	Employee Contribution change from 2005 1st Tier				
CHPWA	\$ 384.73	\$ 422.62	\$	16			
Group Health Coop.	\$ 348.43	\$ 401.41	\$	31			
Kaiser Foundation	\$ 364.95	\$ 404.89	\$	18			
Options Health Care	\$ 376.40	\$ 447.54	\$	50			
PacifiCare	\$ 436.18	\$ 481.18	\$	23			
Regence	\$ 429.80	\$ 486.23	\$	34			
UMP PPO	\$ 361.10	\$ 364.05	\$	(19)			
UMP Neighborhood	\$ 352.60	\$ 361.87	\$	(13)			

Employee Contributions (Requires Board Action)

		1st	Tier		2nd Tier		r	3rd T		Гier		4th		Tier		
	CY	2005	Ć	Y 2006	7	CY 2005	С	Y 2006	C	Y 2005	C,	Y 2006	С	Y 2005	С	Y 2006
						Sub. &		Sub. &		Sub. &		Sub. &				
Plan Name	Sub	scriber	Sul	bscriber		Spouse		Spouse		nild(ren)		ild(ren)	Fu	II Family	Fu	II Family
CHPWA	\$	57	\$	73	\$	123	\$	155	\$	99	\$	127	\$	166	\$	210
Group Health Coop.	\$	20	\$	51	\$	51	\$	113	\$	36	\$	90	\$	66	\$	151
Kaiser Foundation	\$	37	\$	55	\$	84	\$	120	\$	65	\$	96	\$	112	\$	161
Options Health Care	\$	48	\$	98	\$	107	\$	205	\$	85	\$	171	\$	143	\$	278
PacifiCare	\$	108	\$	131	\$	226	\$	272	\$	189	\$	230	\$	307	\$	371
Regence	\$	102	\$	136	\$	214	\$	282	\$	178	\$	238	\$	290	\$	385
UMP PPO	\$	33	\$	14	\$	76	\$	38	\$	58	\$	25	\$	101	\$	49
UMP Neighborhood	\$	25	\$	12	\$	59	\$	34	\$	43	\$	21	\$	78	\$	43

CY 2006 Estimated Required Premium pspm
CY 2006 Estimated Employer Contribution pspm
Average Employee Contribution
% Employee Contribution of Required Premium
Budget Assumption
Variance

\$676
\$595
\$81
12.0%
12.0%
0.0%

2007 and Beyond

Large Employer Health Care Strategies

Data Analysis and Diagnosis

Business and HR Priorities Enrollment, costs and demographics Cost drivers and savings opportunities

Traditional Tactics

Plan Design

- Types of plans
- Number of choices
- **Cost Sharing**
- Service-related offerings
- Pay-related designs
- **Pharmacy**
- Savings/spending accounts

Contributions

- Percentage of cost
- Salary stratified
- Indexed to plan costs
- Tiered for family size
- Risk-related
- Opt-out credits (cash)

Financing

- Funding decision insured, self-insured. minimum premium
- Gain sharing
- Employee self-funding -FSA, HRA

Vendors

- Vendor selection
- Performance measures
- Clinical capability
- **Operational audits**
- **Network strategy**
- Renewal negotiation



Advanced Strategies

Maintain a healthy workforce

- Identification of health risks
- **Health promotion** programs
- Self-care assistance
- Health risk management
- Incentives for health awareness - risk appraisal participation

Engage employees in behavior change

- Raise cost awareness through education and cost sharing
- **Education about cost** and health conditions
- Tools about provider cost and quality
- **Availability of savings**

Focus on high cost population

- Disease management
- Case management
- **Maternity programs**

Advocacy programs

- Incentives for care management compliance
- Integrate information and/or care management with disability and worker's compensation

Purchase Highest Quality and Most Cost Effective Care

- High performance network
- Collective purchasing
- Supply chain purchasing
- National initiatives for quality improvement

Basic Health 2006 Procurement Goals

- Support authorized BH enrollment within budget for 2006.
- Second consecutive year for renewal of existing contracts, HCA aimed to:
 - Maintain stable operating environment for enrollees.
 - Contract with at least one benchmark plan in every county.

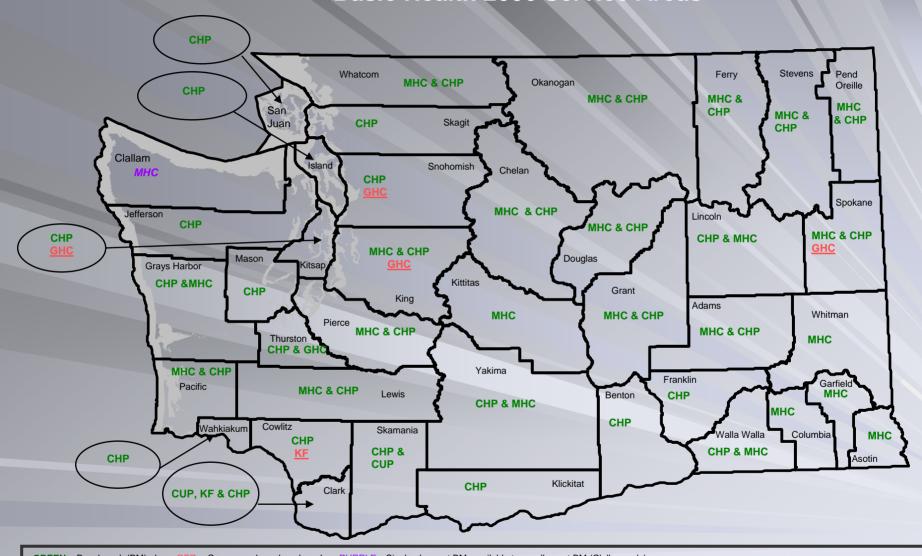
2006 Procurement Process

- No benefit, premium or cost sharing changes for 2006.
- Received bids from all current plans.
- BH received benchmark bid in every county except for Clallam.

2006 Procurement Impacts

- BH maintained 2005 Service Areas with only two changes for 2006.
 - Molina exited Island County
 - Group Health exited Pierce County
- Every county (but Clallam) has at least one benchmark plan; twenty one counties have at least two.

Basic Health 2006 Service Areas



GREEN = Benchmark (BM) plans. RED = Coverage above benchmark. PURPLE = Single plan, not BM, available to enrollees at BM (Clallam only).

Participating Health Plans: Columbia United Providers (CUP), Community Health Plan of Washington (CHPW), Group Health Cooperative (GHC), Kaiser Foundation Health Plan of the Northwest (KF), & Molina Healthcare of Washington (MHC).

Summary of Access Change from 2005 to 2006: Molina is leaving Island County, Group Health is leaving Pierce County